

CARING FOR OUR KIN

A once-monthly support group for
Kinship Caregivers

WHO ARE KINSHIP CAREGIVERS?

Grandparents, aunts, uncles or other relatives, or even close family friends who are raising children that are not their own are Kinship Caregivers. Kinship caregiving happens when a child's parents are not able to care for them.

JOIN US FOR SUPPORT

The first Thursday of each month
6:30-8:00pm

Participants can choose to attend in person at

The Family Resource Center

719 N. Main St., Laconia, NH

OR

Virtually via Zoom

May 7, 2026: Stress Management & Self-Care for
Caregivers

June 4, 2026: Improving Communication in Your
Family

July 2, 2026: Understanding Temperament &
Helping Children Manage Emotions

Register at
www.lrcs.org/parentedregistration/
or scan the QR Code below



For those who attend in person, dinner will be served at 6pm and on-site childcare may be available if reserved at the time of registration. Space is limited.