



# Parenting with Resilience

Learn about Adverse Childhood Experiences (ACE's) and how trauma can effect children's development and behavior. Caregivers will learn strategies to persevere through tough times, as well as techniques for encouraging resilience in children.

## **\*HYBRID COURSE\***

Participants can choose to attend in person at our office at 719 North Main St. Laconia, NH OR virtually via Zoom

**When:** Wednesday evenings 6:30~8pm  
6-week series begins May 22, 2024

Register at: [www.lrcs.org/parentedregistration](http://www.lrcs.org/parentedregistration)

Or email [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)

For participants who attend in person, dinner will be served at 6:00pm and on-site childcare *may be available* if reserved at the time of registration, space is limited.

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