



## **KINSHIP CAREGIVER SUPPORT GROUP**

**THIS VIRTUAL MEETING IS  
HELD VIA ZOOM**

**THE LAST MONDAY OF EACH MONTH,  
12PM-1PM**

Parenting is tough; parenting a second time can be even harder. This group aims to bring grandparents and other relative caregivers together to celebrate successes, mourn losses, problem solve for the hard times, and give support to one another. We hope you can join us to hear from other kinship caregivers and learn more about resources and opportunities that are available in your community.

This program is sponsored by the Family Resource Center of Central NH

For more information, please contact:

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**ARE YOU RAISING  
A GRANDCHILD,  
NIECE OR  
NEPHEW, OR  
OTHER RELATIVE?**

**ARE YOU  
INTERESTED IN  
LEARNING ABOUT  
RESOURCES  
AVAILABLE IN  
YOUR  
COMMUNITY?**

**WOULD YOU LIKE  
TO CONNECT WITH  
OTHER RELATIVE  
CAREGIVERS IN  
YOUR AREA?**

**DO YOU NEED  
SUPPORT?**

**YOU ARE NOT  
ALONE.**