Parenting Journey in Recovery

HYBRID COURSE

Participants can choose to attend in person at our office at 719 North Main St. Laconia, NH

OR virtually via Zoom

Addiction is complicated and difficult to overcome.

Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining sobriety, which can be both rewarding and daunting.

Parenting Journey in Recovery provides a valuable source of fellowship and support and enhances awareness of triggers that may bring about relapse.

Personal recovery, accountability, positive actions, and hard work are only some of the topics discussed by group members.

Participants in this class should have at least 90 days in recovery prior to the start of the class.

Wednesday evenings from 6:00-8:00 pm

14-Week Series begins March 20, 2024

To register, go to:

www.lrcs.org/parentedregistration

or email: tricia.tousignant@lrcs.org

For participants who attend in person, <u>dinner will be served at 6:00pm</u> and on-site childcare may be available if reserved at the time of registration.

Brought to You By:

















