



Active Parenting of Teens

For parents of teens and 'tweens

HYBRID COURSE

Participants can choose to attend in person at our office at 719 North Main St. Laconia, NH
OR virtually via Zoom

Purpose: To provide training and support for families experiencing the dynamic changes of teenage development and to help parents and other caregivers prepare teens and preteens to survive and thrive in society.

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth.



You will learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent



Tuesdays 6:00-8pm

6-week series begins February 20, 2024

To register, go to: www.lrcs.org/parentedregistration
or email: tricia.tousignant@lrcs.org

For participants who attend in person, dinner will be served at 6:00pm
and on-site childcare *may be available* if reserved at the time of registration, space is limited.



The Linden
Foundation