



KINSHIP CAREGIVER SUPPORT GROUP

**THIS VIRTUAL MEETING WILL BE
HELD ON THE LAST MONDAY OF
EACH MONTH VIA ZOOM.**

Parenting is tough; parenting a second time can be even harder. This group aims to bring grandparents and other relative caregivers together to celebrate successes, mourn losses, problem solve for the hard times, and give support to one another. We hope you can join us to hear from other kinship caregivers and learn more about resources and opportunities that are available in your community.

This program is sponsored by the Family Resource Center of Central NH.

For more information, please contact:

Erin Uhlman (603) 536-3720 X106 or erin.uhlman@lracs.org

Megan Woods (603) 536-3720 X112 or megan.woods@lracs.org

To Register, please follow this link: <https://www.lracs.org/parentedregistration/>

**ARE YOU RAISING A
GRANDCHILD, NIECE
OR NEPHEW, OR
OTHER RELATIVE?**

**ARE YOU
INTERESTED IN
LEARNING ABOUT
RESOURCES
AVAILABLE IN YOUR
COMMUNITY?**

**WOULD YOU LIKE
TO CONNECT WITH
OTHER RELATIVE
CAREGIVERS IN
YOUR AREA?**

**DO YOU
NEED
SUPPORT?**

**YOU ARE NOT
ALONE**

**We hope you'll join
us for this monthly
lunch hour group.**



**WHOLE VILLAGE
FAMILY RESOURCE
C • E • N • T • E • R**



Engage. Empower. Inspire.



Granite United Way