

LRCS  
**FAMILY RESOURCE  
CENTER**

*Engage. Empower. Inspire.*

**Nurturing Skills for Families**  
**Understanding Children's  
Growth & Development**

**A 6-week Zoom Series beginning November 4, 2021**

**Daytime and Evening Classes Available!**

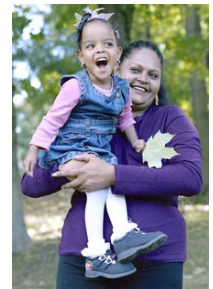
**Thursdays 10:00-11:30am OR 6:30-8:00pm**



Join Parent Educators  
from the Family Resource Center of Central NH  
as we discuss  
**“Understanding Children’s Growth &  
Development”**

in an interactive Zoom series.

This Nurturing Skills Module focuses on  
understanding the stages of growth and  
development and on establishing nurturing  
routines.



This six-week series is open to anyone...

parents, caregivers, parents-to-be, extended family, professionals supporting families, etc.

All are welcome!

To register go to [www.lrcs.org/parentedregistration/](http://www.lrcs.org/parentedregistration/) or email [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)



The Linden  
Foundation

The Samuel P. Pardoe  
Foundation