

# Cooperative Co-Parenting

**A free four-part series for non-married, separated, or divorced parents, and other caregivers, raising children together from separate households.**



## Discussion Includes:

- *Coping through Separation and Transitions*
- *Skills Training for dealing with stress and anger*
- *Positive Communication Strategies*
- *Tools to reduce conflict in the life of your child, and yours*
- *Negotiating Agreements*
- *Mediation and Guardianship*
- *Conflict Resolution*

**When:** Tuesday evenings from 6:00-8:00 pm, Dinner served at 5:30pm.

**4 week series begins October 29, 2019**

**Where:** The Family Resource Center, 719 No. Main Street, Laconia, NH

**Lead Facilitator:** Tammy Emery

**Presenters:** Jay Apicelli, MS, Family Mediator and Human Services Educator, LADC  
Attorney Katherine V. Lacey of Wescott Law  
Skylor, New Beginnings Without Violence & Abuse

**To register:** Contact Tricia T. at **528-0391** or e-mail [tricia.tousignant@lracs.org](mailto:tricia.tousignant@lracs.org)

Limited on-site childcare and assistance with transportation available upon request.