



Adaptive Cycling with New England Disabled Sports

July 12th, 2019

1:00pm – 4:00 pm

No drop offs

Meet at LRCS by the WOW Trail

RSVP required by July 1st, 2019

Want to be outside and engage in a fun activity that gets you moving!? Try out riding an adaptive bike! Whether you have been on one before or you are a newbie, members of New England Disabled Sports will be here to help and provide a lesson! This is free event for all ages of individuals who are served by LRCS. This event is being sponsored by the Lakes Region Community Services' Family Support Council!

Please wear athletic clothing and closed toe shoes! **RSVPs are required!** Let us know if you would be willing to join in on the fun by contacting Kaitlin Levesque at kaitlin.levesque@lracs.org or by calling 603-581-1558 and she will provide you with the forms to fill out and return prior to the event!

****Releases, Waivers, and Registration forms are REQUIRED to be filled out PRIOR to the event in order to participate.****

