

# Parenting Journey in Recovery

**\*HYBRID COURSE\***

*Participants can choose to attend in person at our office at 719 North Main St. Laconia, NH*

*OR virtually via Zoom*

*Addiction is complicated and difficult to overcome.*

*Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining sobriety, which can be both rewarding and daunting.*

*Parenting Journey in Recovery provides a valuable source of fellowship and support and enhances awareness of triggers that may bring about relapse.*

*Personal recovery, accountability, positive actions, and hard work are only some of the topics discussed by group members.*

*Participants in this class should have at least 90 days in recovery prior to the start of the class.*

**Tuesday evenings from 6:00-8:00 pm**

**14-Week Series begins**

**September 20, 2022**

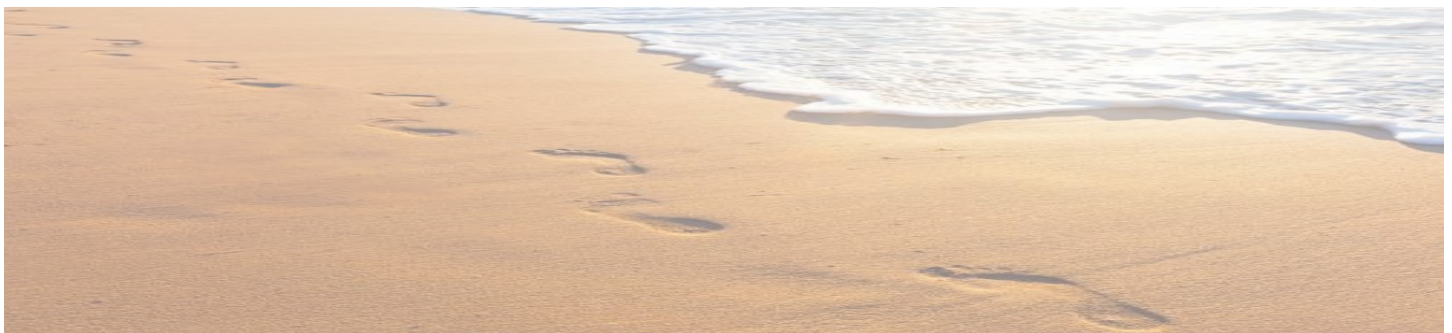
**To register, go to:**

**[www.lrcs.org/parentedregistration](http://www.lrcs.org/parentedregistration)**

**or email: [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)**

*For participants who attend in person, dinner will be served at 6:00pm and on-site childcare may be available if reserved at the time of registration.*

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