

Strong Fathers: Developing Empathy & Self-Awareness

**A 6-week Zoom Series
Tuesdays 6:30-8:00pm,
beginning March 15, 2022.**



To register, go to:
www.lrcs.org/parentedregistration
or email: tricia.tousignant@lrcs.org

Fathers and father-figures come together to support each other while focusing on the importance of empathy and techniques for managing feelings such as anger & stress in this module from our Nurturing Skills series.

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