

L RCS  
**FAMILY RESOURCE  
CENTER**

*Engage. Empower. Inspire.*

**Nurturing Skills for Families  
Developing Personal Power  
& Keeping Kids Safe**

**A 7-week Zoom Series beginning May 5, 2022**

**Daytime and Evening Classes Available!**

**Thursdays 10:00-11:30am OR 6:30-8:00pm**

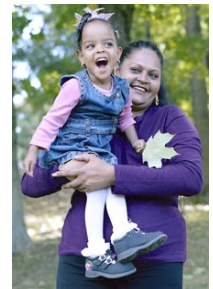


Join Parent Educators from  
**The Family Resource Center of Central NH**  
as they discuss  
**“Developing Personal Power  
& Keeping Kids Safe”**

in an interactive Zoom series.

This Nurturing Skills Module focuses on positive ways to manage behavior and power struggles.

In addition, participants will examine choices that empower children and keep all members of the family safe and healthy.



This seven-week series is open to anyone...

parents, caregivers, parents-to-be, extended family, professionals supporting families, etc.

All are welcome!

To register go to [www.lrcs.org/parentedregistration/](http://www.lrcs.org/parentedregistration/) or email [tricia.tousignant@lrcs.org](mailto:tricia.tousignant@lrcs.org)