

Parenting Journey in Recovery

on 

Addiction is complicated and difficult to overcome.

Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining sobriety, which can be both rewarding and daunting.

Parenting Journey in Recovery provides a valuable source of fellowship and support and enhances awareness of triggers that may bring about relapse.

Personal recovery, accountability, positive actions, and hard work are only some of the topics discussed by group members.

Participants in this class should have at least 90 days in recovery prior to the start of the class.

Tuesday evenings from 6:00-8:00 pm

14-Week Series begins

March 29, 2022

To register, go to:

www.lrcs.org/parentedregistration

or email: tricia.tousignant@lrcs.org

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