



Active Parenting of Teens on Zoom

For parents of teens and 'tweens

Purpose: To provide training and support for families experiencing the dynamic changes of teenage development and to help parents and other caregivers prepare teens and preteens to survive and thrive in society.

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth.

You will learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent
- Insight on issues such as teens online, bullying and depression



Wednesdays 6:30-8pm

12-week series begins January 5, 2022

To register, go to: www.lrcs.org/parentedregistration
or email: tricia.tousignant@lrcs.org



The Linden Foundation

The Samuel P. Pardoe Foundation

