Parenting with Resilience

Learn about Adverse Childhood Experiences (ACE’s) and how trauma can effect children’s development and behavior. Caregivers will learn strategies to build their own ability to persevere through tough times, as well as techniques for encouraging resilience in children.

When: Monday evenings 6-8pm
6-week series begins November 2, 2020

CLICK HERE TO REGISTER
Or email tricia.tousignant@lrcs.org