Parenting Journey in Recovery on zoom

Addiction is complicated and difficult to overcome. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining sobriety, which can be both rewarding and daunting.

Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of triggers that may bring about relapse.

Personal recovery, accountability, positive actions, and hard work are only some of the topics discussed by group members.

Participants in this class should have at least 90 days sobriety prior to the start of the class.

Tuesday evenings from 6:00-8:00 pm
14-Week Series begins
November 3, 2020

CLICK HERE TO REGISTER

Or email tricia.tousignant@lrcs.org

Presented By:

The Linden Foundation
The Samuel P. Pardoe Foundation