

Child's Name: Girl Toddler Date of Birth: 7/1/15 Date of IFSP meeting: 3/1/17

**NH Family-Centered Early Supports and Services (ESS)
INDIVIDUALIZED FAMILY SUPPORT PLAN (IFSP)**

Type: Initial **Projected Start Date of IFSP:** 03/1/2017 **Projected End Date of IFSP:** 03/1/2018

Child's Name: Girl Toddler **Gender:** FEMALE **DOB:** 7/1/15 **DUCK #:** xxxxxxxx

Parent/Guardian: Loving Family **Phone #:** xxx-xxx-xxxx **Phone #:** xxx-xxx-xxxx

Physical Address: 1 Happy Lane, Laconia NH

Mailing Address: Same

Email: parent email address **Type of Insurance:** Insurance Type

Primary Language: **My family needs an interpreter:** NO

Race/Ethnicity: Click here to enter text.

Date of Initial Referral: 2/23/17 **If found eligible, date initial IFSP must be completed by:** 4/9/17

Referral Source/How our family heard about ESS: Referral Source

Area Agency: Lakes Region Community Services **Contact:** Nicole Bushaw

Program: Early Supports and Services

Address: The Family Resource Center of Central NH, 719 N Main St, Laconia, NH 03246 / PO Box 509 Laconia, NH 03247

Service Coordinator: Service Coordinator **Phone:** 524-8811

IFSP Team Members (at this meeting or not, who have helped in developing this plan.)

Agency	Name	Title	Present	Not present, input given
Family		Father	X	
Family		Mother	X	
LRCS		Intake Coordinator		X
LRCS		Special Educator	X	
LRCS		Speech & Language Pathologist	X	

**NH Family-Centered Early Supports and Services (ESS)
INDIVIDUALIZED FAMILY SUPPORT PLAN (IFSP)**

FAMILY ASSESSMENT SUMMARY

Child Strengths: Girl Toddler is happy. She loves to play with other children.

Child Needs: We would like Girl Toddler to be using more words.

Family Strengths: We work together. We all eat together.

Family Needs: What supports we'd like to know more about [Click here to enter text.](#)

Family Priorities: Family, health and child development

Here is a list of topics that your Service Coordinator can provide help with. There may be other topics that you would like help with that are not listed. These topics may also be used to help write family outcome

- Information about how children grow and develop
- Particular conditions which impact child development
- Activities to do with children
- Appropriate toys for children
- Other places in the community to get help
- Childcare, babysitting, and/or "respite"
- Children's behavior and how to handle it
- Healthy meals and nutrition
- How to answer other people's questions about your child
- Resources for housing
- Resources for employment
- Resources for help with finances
- Spiritual support or worship
- Other: [Click here to enter text](#)
- Nothing requested

**NH Family-Centered Early Supports and Services (ESS)
INDIVIDUALIZED FAMILY SUPPORT PLAN (IFSP)**

CHILD ASSESSMENT SUMMARY

(This information comes from all the different reports and information gathered during the evaluation process and on-going assessments.)

Gross Motor (large muscle movements)

Right now Girl Toddler's gross motor scores range between 15.5-18 months.

Girl Toddler is able to walk and run well on her own. She was observed taking steps backwards when maneuvering around her environment. She's able to demonstrate the strength to climb up onto adult sized furniture. She will squat while playing, resuming to stand without losing balance. She currently creeps upstairs on hands and knees.

Help needed: Girl Toddler will begin to develop the coordination to walk upstairs while holding a railing or hand. As she begins to develop this coordination, she'll begin to balance on one foot, allowing her to do other activities such as kicking a ball or assisting in putting on her shoes while standing.

Fine Motor (arm and hand movements)

Right now Girl Toddler's fine motor scores range between 11.5-13 months.

Girl Toddler is able to pick up small items using a neat pincer grasp (tip of index and thumb). She's then able to place those small items in a small open neck bottle, dumping them out and repeating. She attempted to build a tower of two cubes but didn't release the cube. She is reported to be able to put larger blocks such as Duplo's together. She will throw a ball using a slight cast. She attempted to imitate a scribble. She uses her fingers and spoon at mealtime.

Help needed: Girl Toddler would benefit from exploring more fine motor activities such as finger painting, coloring using crayons, or exploring playdoh. Girl Toddler could begin to work on stacking blocks that are not interlocking, working on strength, eye/hand coordination, and grading of movement.

Sensorimotor (responds to light, sound, touch, and use of eyes and ears)

Right now: Girl Toddler's parents describe her as a very picky eater. She does show an interest in spicy foods. She also likes food that are crunchy. She's not bothered by loud noises.

Vision: Girl Toddler is able to scan her environment and pick up small items.

Hearing: Girl Toddler responds to her name by turning and looking. She responded to both sides when a bell was rung.

Help needed: Girl Toddler may benefit from offering different textures during a meal to see what she prefers. Two of the items should be something she already likes.

Cognitive (problem solving)

Right now Girl Toddler's cognitive scores range between 15.5-18 months.

Girl Toddler was observed to explore toys. She was particularly interested in the dial, eyes, and wheels on the play phone. She will engage in in/out play and extend toys to an adult. She will search for items that are hidden or out of reach. She was observed using toys in imitation of adult when pretending to feed a baby doll or when placing pompoms into a small open neck bottle. She was able to dump the pompoms out after model. She was also able to complete a 4 piece puzzle with help but only allowed one puzzle piece to be in at a time. Her parents report that she will explore drawers and cabinets when given the opportunity. She will follow simple directions when paired with a gesture or a point. Her parents report that she's particularly interested in toys that make noise or light up.

Help needed: As Girl Toddler continues to grow and develop, she'll begin to show an interest in real life objects. She'll begin to explore the uses of toys and how they can be used in a multitude of ways. Girl Toddler would benefit from modeling new ways to explore toys to help "jump start" her play with a particular item.

NH Family-Centered Early Supports and Services (ESS)
INDIVIDUALIZED FAMILY SUPPORT PLAN (IFSP)

Communication (vocalizing and understanding of language)

Right now Girl Toddler's communication scores range between 11.5-13 months.

Expressive Communication: Girl Toddler is using Mama and Dada as names, saying Bye and named "ball" during the evaluation. She is reaching and pointing to things she wants, beginning to attempt to imitate some words that she hears, and her parents report she is using jargon as she plays, and she often makes throat sounds. Receptive communication: Girl Toddler is responding to her parents' names (Where's Mama?), is responding to "no", and today recognized the word "ball" after we had played with it for a period of time. Her parents report that she needs extra cues to follow a direction to retrieve a familiar item. She will follow a point as a cue to retrieve an item close by. Girl Toddler is responding to her name.

Help needed: Support Girl Toddlers communication skills in both expressive and receptive areas by focusing on joint attention and imitation skills to start. These create the foundation for her understanding and use of language. You can use fun routines that include both the socialization and the verbal routines like: Row Row your boat- Sit on the floor with your legs outstretched in front of you and place Girl Toddler on your legs facing you. Hold her hands and rock back and forward as you sing the song. Make it fun and see if she will sit through it, then do it frequently. Once she knows the motion and the song, she will look and anticipate the words and movements.

Social/Emotional (expressing feelings and handling different situations)

Right now Girl Toddler's social/emotional scores range between 15.5-21 months.

Girl Toddler's parents feel she shows a wide range of feelings. She clearly demonstrates when she is happy or proud when she looks at her parents and smiles, waiting for their reaction. They report she seeks out other children and tries to interact with them, and she is beginning to play cooperatively with peers. Girl Toddler recovers from small hurts on her own. She is beginning to imitate household activities like dusting and using the remote. Girl Toddler is not yet using his words to protest but she is able to reject unwanted attention, show oppositional behavior and seek affection or reassurance with her actions. She enjoys playing peek-a-boo.

Help needed: Social games like "peek-a-boo" are perfect for Girl Toddler because they quickly get her attention and she is anticipating what her playmate will do next which requires joint attention. Continue to provide her with opportunities to engage and imitate movement and sounds that go with social and verbal routines. She may be ready to work on game like "where's your eye?" working on identify body parts and following model to point to items named for her. You can do this in a mirror, or using a doll.

Adaptive/Self-help (eating, dressing, and calming skills)

Right now Girl Toddler's adaptive/self-help scores range between 15.5-21 months.

Girl Toddler has a pacifier. Her parents are in the process of reducing how much she uses it. She has a bottle of Enfamil toddler non GMO formula 2 to 3 times a day and she has 8 oz. in each bottle. She also drinks water and juice in a sippy cup. She can drink from a straw but doesn't like to. She can drink from open cup but it is messy. Girl Toddler feeds herself with her fingers. She does not use utensils. She likes eating crackers, graham crackers, sliced and peeled apples, (if they aren't peeled she spits out the skin), cheese, scrambled eggs, toast or bread, pancakes, bacon, Purely O's or sprouted grain flakes, chips and avocado. She also eats strawberry fruit bars. She rarely eats chicken. She may eat a couple of bites of pasta without sauce. Girl Toddler does not eat spicy food but Mom doesn't eat it either. She will eat french fries. Girl Toddler does not eat melons, seafood or fish. She used to eat bananas, spinach, broccoli and sweet potatoes but she no longer eats those foods. She goes to bed between 8:00 and 9:00 p.m. and wakes up between 11:00 and midnight and 3:00 to 4:00 for a bottle. She is up for the day between 7:00 and 8:00 a.m. Sometimes she takes a nap for 1 to 2 hours starting about 1:00 p.m. She loves having a bath. Girl Toddler is trying to do things for herself at times.

NH Family-Centered Early Supports and Services (ESS)

INDIVIDUALIZED FAMILY SUPPORT PLAN (IFSP)

Help needed: Provide Girl Toddler with opportunities to practice using an open cup. Use something small with just a small amount of liquid at a time. Continue to provide opportunities for her to use a spoon with foods that will stick to the spoon to reduce frustration. If scooping is difficult, load the spoon for her and let her pick it up and practice getting it to her mouth.

Current Health Status (medical concerns and immunizations)

<p>The following information was shared with XXXX at the intake visit.</p> <p>Pregnancy & Birth History: Mom describes her pregnancy as perfect. She did not take medications, use recreational drugs, drink or smoke. Labor was induced one week past her due date. Girl Toddler was born at Lakes Region General Hospital, Laconia, NH. She was delivered by C-section. Girl Toddler had Jaundice and was treated with phototherapy for 4 days. Her birth weight was 6 lbs. 12 oz.</p> <p>Medical & Health: Girl Toddler has not had any ear infections. She had influenza during his first year and she has had one viral infection. She passed her newborn hearing and vision screenings and there is no family history of childhood hearing impairment or deafness. Her immunizations are current. She has never been hospitalized and is not taking any medications.</p> <p>Developmental Milestones: She rolled over at 6 months, sat between 5 and 6 months, crawled at 8 months, pulled to stand at 13 or 14 months and walked at 1 year. Girl Toddler like playing with the iPad, playing with the wheels of cars and moving them. She is not particularly interested in playing with balls although she will sometimes play with balls interactively with her parents. She likes climbing, swinging, sometimes will slide, music and dancing, a game of chase around the kitchen island, playing with the dog, television, things that make noise and flash.</p>	<p>Primary Care Provider is: Click here to enter text.</p> <p>Phone #:</p> <p>Practice/Office: Click here to enter text.</p>
<p>Health concerns are: None noted</p>	
<p>Seeing other doctor(s) because: None noted</p>	<p>Other doctor(s) seen: None noted</p>

Assessment Completed: Infant-Toddler Developmental Assessment

Assessment Team Members (other than family member[s] of assessment team)

**NH Family-Centered Early Supports and Services (ESS)
INDIVIDUALIZED FAMILY SUPPORT PLAN (IFSP)**

Assessor(s) (name and Title)	Date(s) of Assessment	Where It was Done
	3/1/17	LRCS- Family Resource Center
	3/1/17	LRCS- Family Resource Center

Girl Toddler is a 20 month, 0 day old child who is **eligible** for Family-Centered Early Supports and Services. Girl Toddler's eligibility is based on a delay in fine motor, communication, and self-help. In order to qualify for services a child has to show a 33% delay in at least one area of development, and for a 20 month old the 33% delay would be 13 months or below. Girl Toddler's skills ranged from 13 months up to those that were age appropriate.