

Cooperative Co-Parenting

A free four-part series for non-married, separated, or divorced parents, and other caregivers, raising children together who share separate households.



Discussion Includes:

- *Coping through Separation and Transitions*
- *Skills Training for dealing with stress and anger*
- *Positive Communication Strategies*
- *Tools to reduce conflict in the life of your child, and yours*
- *Negotiating Agreements*
- *Mediation and Guardianship*
- *Conflict Resolution*

When: Tuesday evenings from 6:00-8:00 pm, Dinner served at 5:30pm.

4 week series begins May 10, 2016

Where: The Family Resource Center, 719 No. Main Street, Laconia, NH

Lead Facilitator: Tammy Emery

Presenters: Jay Apicelli, MS, Family Mediator and Human Services Educator,
Rob Hunt, Attorney At Law

To register: Contact Tricia T. at **528-0391** or e-mail **tricia.tousignant@lrccs.org**

Limited on-site childcare and assistance with transportation available upon request.